



LOURDES CENTRAL CATHOLIC

A CATHOLIC LIFE PREPARATORY SCHOOL

2017-2018

Student Dress Code Guidelines Regular School Days

DRESS CODE – INTRODUCTION/OVERVIEW

We are “temples of the Holy Spirit, God dwelling within.” (1Cor 6:19) Lourdes Central Catholic (LCC) students should reflect this conviction. With ongoing styles and material changes that take place within the academic and activity clothing markets, Lourdes Central Catholic attempts to be considerate of these changes as well as pricing. These guidelines serve to more closely align our school with other Catholic Schools in the Diocese of Lincoln regarding dress codes. For students, it provides for further focus on their faith and academic development. For teachers, it provides a more productive and positive atmosphere for teaching and learning. All is in the spirit to enhance our school’s mission.

The following ‘dress code’ guidelines are to assist parents in their purchase for appropriate clothing but they also serve to provide for a high quality classroom and school day atmosphere. The Administration at Lourdes Central Catholic reserves the right to adjust these guidelines at any time, especially in situations where dress, grooming or visible bodily markings, whether temporary or permanent, become distracting to the faith and academic environment. Such changes will occur more on an individual basis but overall adjustments may be made.

DRESS CODE – General Guidelines (Boys & Girls / Grades K thru 12)

- 1) Any type visible bodily markings including tattoos, whether temporary or permanent, will not be permitted.
- 2) Visible body piercing, jewelry is not allowed with the exception of earrings for girls.
- 3) All students should be neatly groomed.
 - a) BOYS: Hair should not hang over the collar or extend below the top of his eyebrows. In addition, students are expected to be clean-shaven and are not allowed to wear earrings.
 - b) Extreme highlighting/coloring of hair is not allowed (ex. green, blue)
 - c) All dress code clothing should be neat, clean and modest in appearance. Clothes which are torn, frayed or extremely threadbare are not acceptable. Additionally, as it becomes more of an issue in the spring months of a school year, dress code clothing should fit appropriately.

DRESS CODE – Clothing Guidelines (Boys and Girls / Grades K thru 12)

- 1) Tops
 - a) Polo shirts
 - i) All students are required to wear a short or long sleeved uniform polo shirt. It is preferred that dress code shirts (regular or banded bottom) are purchased from the Dennis Uniform Company. For the 2017-2018 school year, dress code polo shirt colors allowed are**:
 - Royal Blue
 - Light Blue
 - Navy Blue
 - Red
 - White
 - Gray
 - Black

**** Colors options for the 2018-2019 school year will be reduced. Colors will be Royal Blue, White and Black.**

- ii) Dress code polo shirts must be completely tucked (not rolled up) during the school day for the sake of both neatness and modesty. Dress code polo shirts are to be solid colored with no corporate or business branding (i.e. Nike, Adidas, Under Armour, etc.). ***

*** Dress code polo shirts with the Lourdes Central Catholic School branded logo will be made available during the 2017-2018 school year through the School Office. Prior year polo shirts with the Lourdes Central Catholic School branded logo will need approval from Administration.

b) (Crew) Sweaters, Crewneck sweatshirts and ¼ zip sweatshirts

i) Solid colored

- a) All students may wear a solid colored (crew) sweater, a solid colored crewneck sweatshirt or a solid-colored ¼ zip sweatshirt. It is preferred that dress code (crew) sweaters and crewneck sweatshirts are purchased from the Dennis Uniform Company. For the 2017-2018 school year, dress code (crew) sweaters, crewneck sweatshirts or ¼ zip sweatshirts allowed are**:

- Royal Blue
- Light Blue
- Navy Blue
- Red
- White
- Gray
- Black

** Colors options the 2018-2019 school year will be reduced to Royal Blue, White and Black.

- b) Dress code (crew) sweaters, crewneck sweatshirts or ¼ zip sweatshirts must be worn with a dress code polo (no t-shirts) and have no or very minimal corporate/business branding (i.e. Nike, Adidas, Under Armour, etc.). ***

*** Dress code (crew) sweaters, crewneck sweatshirts and ¼ zip sweatshirts with the LCC school branded logo will be made available during the 2017-2018 school year through the School Office. Prior year (crew) sweaters, crewneck sweatshirts and ¼ zip sweatshirts with the LCC school branded logo will need Administrative approval.

c) Hoodies

- i) Royal Blue and Black hoodies issued by Lourdes Central Catholic and worn with a dress code polo may be worn.
ii) Other related/colored hoodies (ex. activity playoffs/state) may be worn on announced or calendared "Spirit days."

2) Pants/capris, shorts, skirts and jumpers ****

Belts are encouraged, where applicable, but not required.

a) Pants/capris.

- i) (Tan) Khakis (purchased from the Dennis Uniform Company preferred).
ii) Tan or blue denim Capri pants (Girls only). Must be mid-calf or below (purchased from the Dennis Uniform Company preferred).
iii) Jeans (no holes)
iii) Dress pants

b) Shorts

- i) Tan khakis shorts (purchased from the Dennis Uniform Company preferred) or tan cargo shorts, knee length can be worn, with the exception of the months of December, January and February.

**** Dresses, jean shorts or any cut-off shorts are not allowed.

c) Skirts (Girls only)

- i) Tan or Khaki skirts are allowed and must be within one inch (1") of the top knee in length (or longer) when standing upright and worn with a dress code top. No denim (jean) skirts are allowed.

d) Jumpers (Grade K-5 only)

- i) Jumpers, purchased from the Dennis Uniform Company, are allowed for grades K-5.

- 3) Shoes
 - a) Close-toed shoes are required (ex. tennis shoes, dress shoes, boat shoes).
 - b) (Dress) Sandals are not allowed but may be permitted on designated days (ex. Activity specific dress days / Spirit Days).

DRESS CODE – Spirit Days (Boys and Girls / Grades K thru 12):

- 1) Students are allowed to wear Lourdes Central Catholic activity or spirit gear that is in good condition to related dress code clothing items. Sleeveless or cut-out shirts are not allowed. Other variations will need approval from the Administration.
- 2) Students participating in co-op sports with Nebraska City Public Schools may also wear their respective sport during their respective season.

DRESS CODE – Gym class (Boys and Girls / Grades 6 thru 12):

- 1) Tops
 - a) T-shirts
 - b) Sleeveless or cut-out shirts are not allowed.
- 2) Shorts or sweatpants
 - a) Shorts should be in good condition and extend to the top of the knee cap or lower (no short shorts).
 - b) Sweatpants should be in good condition.
- 3) Shoes
 - a) Appropriate tennis shoes.