



# LOURDES CENTRAL CATHOLIC

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## A CATHOLIC LIFE PREPARATORY SCHOOL

### **2019-2020 Student Dress Code Guidelines Regular School Days**

#### **DRESS CODE – INTRODUCTION/OVERVIEW**

We are “temples of the Holy Spirit, God dwelling within.” (1Cor 6:19) Lourdes Central Catholic (LCC) students should reflect this conviction. With ongoing styles and material changes that take place within the academic and activity clothing markets, Lourdes Central Catholic attempts to be considerate of these changes as well as pricing. These guidelines serve to more closely align our school with other Catholic Schools in the Diocese of Lincoln regarding dress codes. For students, it provides for further focus on their faith and academic development. For teachers, it provides a more productive and positive atmosphere for teaching and learning. All is in the spirit to enhance our school’s mission.

The following ‘dress code’ guidelines are to assist parents in their purchase for appropriate clothing, but they also serve to provide for a high quality classroom and school day atmosphere. The Administration at Lourdes Central Catholic reserves the right to adjust these guidelines at any time, especially in situations where dress, grooming, or visible bodily markings, whether temporary or permanent, become distracting to the faith and academic environment. Such changes will occur more on an individual basis, but overall adjustments may be made.

#### **DRESS CODE – General Guidelines (Boys & Girls / Grades K thru 12):**

- 1) Any type visible bodily markings including tattoos, whether temporary or permanent, will not be permitted.
- 2) Visible body piercing or body jewelry is not allowed, with the exception of earrings for girls.
- 3) All students should be neatly groomed.
  - a) Boy’s hair should not hang over the collar or extend below the top of the eyebrows. In addition, male students are expected to be clean-shaven and are not allowed to wear earrings.
  - b) Extreme highlighting/coloring (green, blue, etc.) of hair is not allowed.
  - c) All dress code clothing should be neat, clean, and modest in appearance. Clothes which are torn, frayed, or extremely threadbare are not acceptable. Additionally, as it becomes more of an issue in the Spring months of a school year, dress code clothing should fit appropriately.

#### **DRESS CODE TOPS (Boys and Girls / Grades K thru 12):**

- 1) Polo Shirts
  - a) All students are required to wear a short or long sleeved uniform polo shirt, non LCC logoed or LCC logoed (see logo options below). It is preferred that dress code shirts are purchased from Lands’ End, Dennis Uniform Company (banded bottom also available), or through Merz. For the 2019-2020 school year, dress code polo shirt colors allowed are:
    - Royal Blue
    - White
    - Black

b) Dress code polo shirts must be completely tucked (not rolled up) during the school day for the sake of both neatness and modesty. Dress code polo shirts are to be solid colored with no corporate or business branding (i.e. Nike, Adidas, Under Armor, etc.). \*

\* Dress code polo shirts with the two Lourdes Central Catholic school branded logos are available through Lands' End, Dennis Uniform and Merz. The only two LCC logos that will be permitted are shown below.

Examples:



2) Outerwear

a) All students may wear solid colored royal blue or black outerwear, which includes (crew) sweaters, V-neck sweaters, crewneck sweatshirts, ¼ zip sweatshirts/dri-fit material, or button-up cardigans with one of the two following logos.



b) Dress code (crew) sweaters, V-neck sweaters, crewneck sweatshirts, and (button-up) cardigans can be purchased from Lands' End, Dennis Uniform or Merz.

- c) Dress code (crew) sweaters, crewneck sweatshirts, or ¼ zip sweatshirts **WITH NO POCKETS** must be worn with a dress code polo (no t-shirts) and have no corporate/business branding (i.e. Nike, Adidas, Under Armour, etc.).

Examples:



3) Hoodies

- a) Starting in 2019-2020 school year, hoodies will **not** be allowed for dress code or Spirit Days.

**DRESS CODE BOTTOMS (Boys and Girls / Grades K thru 12):**

1) Pants/capris, shorts, skirts, skirts and jumpers\*\*

- a) Pants/capris
- i) Tan or Navy Khakis pants or Black Dress Pants purchased from Lands' End or the Dennis Uniform Company are preferred but not required.
  - ii) Tan or Navy or Black capri pants (girls only), must be mid-calf or below. Lands' End or the Dennis Uniform Company capri pants are preferred but not required.
  - v) Cargo pants are not allowed.
  - vi) Jeans or denim capri pants are **not allowed** for regular dress code, but can be worn for "Spirit Days" starting in 2019-2020.

\*\* Black has been added for the 2019-2020 school year.

b) Shorts

- i) Tan or Navy Khakis or Black Dress shorts, purchased from Lands' End or the Dennis Uniform Company, are preferred but not required. \*\*
- ii) Shorts must be knee to no more than 1 inch above the knee.
- iii) Cargo shorts are not allowed.
- iv) Jean shorts or any cut-off shorts are not allowed.

\*\* Black has been added for the 2019-2020 school year.

c) Skirts/Skorts (K-12 girls only)

- i) Tan, Navy or Plaid skirts and skorts must be knee to no more than 1 inch above the knee.
- ii) Skirts or skorts purchased from Lands' End or the Dennis Uniform Company are preferred but not required.
- iii) Dresses are not allowed.

Examples:



d) Jumpers and Polo Dresses (Grades K-5 only)

- i) Tan, Navy or Plaid jumpers must be worn over a dress code top.
- ii) Jumpers and polo dresses purchased from Lands' End or the Dennis Uniform Company are preferred but not required.

Examples:



- 2) Belts and Headbands
  - a) Black or brown belts, with no embellishments, are encouraged with belt-looped clothing.
  - b) Headbands, etc. are permitted for girls only.
- 3) Shoes
  - a) Closed shoes (front and back) are required (ex. tennis shoes, dress shoes, Sperrys).
  - b) **Sandals are not allowed** but may be permitted on designated days, such as activity specific dress days, Spirit Days, etc.
- 4) Leggings
  - a) Only solid colored White, Royal Blue, or Black leggings are allowed.
  - b) Leggings may only be worn under skirts or jumpers.
- 5) Socks
  - a) Only solid colored White, Royal Blue, or Black socks are allowed.

**DRESS CODE – Spirit Days (Boys and Girls / Grades K thru 12):**

- 1) Students are allowed to wear Lourdes Central Catholic activity or spirit gear that is in good condition. Sleeveless or cut-out shirts are not allowed. Other variations will need approval from the Administration.
- 2) Students participating in co-op sports with Nebraska City Public Schools may also wear their respective sport spirit gear during their respective season.
- 3) Jeans and denim capris may be worn.
- 4) Hoodies are no longer allowed on Spirit Days.

**DRESS CODE – Gym class (Boys and Girls / Grades 6 thru 12):**

- 1) Tops
  - a) Only t-shirts are allowed.
  - b) Sleeveless or cut-out shirts are not allowed.
- 2) Shorts or Sweatpants
  - a) Shorts should be in good condition and extend to the top of the knee cap or lower (no short shorts).
  - b) Sweatpants should be in good condition.
- 3) Shoes.
  - a) Appropriate tennis shoes must be worn.