

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Cheese pizza crunchers Fruit and Vegetable Bar Milk	8 Breaded chicken sandwich Baked beans Fruit and Vegetable Bar Milk	9 Turkey and cheese sub sandwich Steamed carrots Fruit and Vegetable Bar Milk	10 Cheeseburger Tater tots Fruit and Vegetable Bar Milk	11 Grilled cheese Tomato soup Fruit and Vegetable Bar Milk
14 Beef soft taco Black bean and corn salsa Tortilla chips Fruit and Vegetable Bar Milk	15 Turkey Mashed potatoes and gravy Whole grain bread Fruit and Vegetable Bar Milk	16 Sweet and sour chicken (K-2) Teriyaki or sweet and sour(3-12) Rice Steamed vegetables Fruit and Vegetable Bar Milk	17 Sloppy joe Corn Fruit and Vegetable Bar Milk	18 Cheese or veggie pizza Cookie Fruit and Vegetable Bar Milk
21 Chicken alfredo Peas Whole grain bread Fruit and Vegetable Bar Milk	22 Chili Cinnamon roll Fruit and Vegetable Bar Milk	23 LCC chicken bowl (popcorn chicken, mashed potatoes, corn, gravy, shredded cheese) (HS-Whole grain bread) Fruit and Vegetable Bar Milk	24 Roasted beef Mashed potatoes and gravy Whole grain bread Fruit and Vegetable Bar Milk	25 Macaroni and cheese Whole grain bread or muffin Fruit and Vegetable Bar Milk
28 Taquitos Refried or black beans Fruit and Vegetable Bar Milk	29 Hot dog or chili dog Fruit and Vegetable Bar Milk	30 Lasagna bake Garlic bread Fruit and Vegetable Bar Milk	31 Pulled pork sandwich Coleslaw Fruit and Vegetable Bar Milk	Feb 1 Fish sticks Tartar sauce Dessert Fruit and Vegetable Bar Milk

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