

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jan 29 Chicken alfredo Fruit and Vegetable Bar Milk	Jan 30 PB&J Fruit and Vegetable Bar Milk	Jan 31 Cheeseburger Fruit and Vegetable Bar Milk	1 Pulled pork sandwich Fruit and Vegetable Bar Milk	2 Grilled cheese Fruit and Vegetable Bar Milk
5 Stromboli Fruit and Vegetable Bar Milk	6 Sloppy joe Corn Fruit and Vegetable Bar Milk	7 Turkey Mashed potatoes and gravy Whole grain bread Fruit and Vegetable Bar Milk	8 Breaded chicken sandwich Green beans Fruit and Vegetable Bar Milk	9 Fish sticks Tartar sauce Royal brownie Fruit and Vegetable Bar Milk
12 Pasta with meat sauce Garlic bread Fruit and Vegetable Bar Milk	13 Cheesy chicken broccoli & rice Fruit and Vegetable Bar Milk	14 Cheese or veggie pizza Fruit and Vegetable Bar Milk Ash Wednesday	15 Mini corndogs Baked beans Fruit and Vegetable Bar Milk	16 Yogurt French toast sticks Fruit and Vegetable Bar Milk
19 No School	20 Taco pie Refried beans Chips and salsa Fruit and Vegetable Bar Milk	21 Diced ham Shredded cheese Baked potato Whole grain bread Fruit and Vegetable Bar Milk	22 Popcorn chicken Steamed vegetables Fruit and Vegetable Bar Milk	23 Cheese pizza Fruit and Vegetable Bar Milk
26 Chicken teriyaki or sweet and sour chicken Rice Fruit and Vegetable Bar Milk	27 Biscuits and gravy Sausage Fruit and Vegetable Bar Milk	28 Chili Shredded cheddar cheese Cinnamon roll Fruit and Vegetable Bar Milk	Mar 1 Hot dog or chili dog French fries or tater tots Fruit and Vegetable Bar Milk	Mar 2 Popcorn shrimp Fruit and Vegetable Bar Milk

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."